Rutgers University’s Anxiety Disorders Clinic is starting a Veterans Support Group for service members who served in the Global War on Terror, including OEF, OIF and OND.

YOU ARE NOT ALONE!

The Veterans Support Group offers a safe place to share challenges and to find encouragement and resources.

New members are welcome to share their experiences when they feel ready.

The group meets on Wednesdays from 5:00 p.m. until 6:30 p.m. at the Anxiety Disorders Clinic.

Group discussions are facilitated by clinicians from the Clinic and cover topics such as:

- Understanding common transition challenges
- Developing lifestyle balance
- Maximizing physical and emotional health
- Disability evaluation process

For more information about the group please contact

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