

Support Group for Veterans



Rutgers University's Anxiety Disorders Clinic is starting a Veterans Support Group for service members who served in the Global War on Terror, including OEF, OIF and OND.

YOU ARE NOT ALONE!

The Veterans Support Group offers a safe place to share challenges and to find encouragement and resources.

New members are welcome to share their experiences when they feel ready.

The group meets on Wednesdays from 5:00 p.m. until 6:30 p.m. at the Anxiety Disorders Clinic.

Group discussions are facilitated by clinicians from the Clinic and cover topics such as:

- Understanding common transition challenges
- Developing lifestyle balance
- Maximizing physical and emotional health
- Disability evaluation process

For more information about the group please contact

Tanya Farber or Isaiah Ares-Batko
Rutgers Anxiety Disorders Clinic
797 Hoes Lane West
Piscataway, NJ 08854-8022
(732) 445-5384
